

## WELCOME

Dear Parents and Campers:

Welcome to Deerfield Park District's 2010 summer Sports Camp. We are excited that you have chosen to participate in what we know will be a memorable camp experience. We have a variety of challenging activities planned to meet every camper's needs. An outstanding staff has been hired to ensure that all campers are safe and closely supervised at all times.

We look forward to meeting you at our **Camp Information Night, Tuesday, May 11, 6:30 - 8:00 PM** at the **Jewett Park Community Center**. Car pool lists and schedules of field trips will be available at that time, and we will be present to answer your questions. (Please note: this is **not** a mandatory meeting, but it is a good opportunity to gather information, meet the site directors and ask questions). This camp does not hand out backpacks. Camper t-shirts will be handed out the first day of camp.

Enclosed in this packet is a Health History Form and a Camper Directory Permission Form. Please return these by **May 1, 2010**.

This manual contains important information regarding camp. Please be sure to read it and refer to it regularly if questions arise. If you need further assistance, please feel free to contact the camp director at the park district office, 847-945-0650. We appreciate your involvement and look forward to a great summer!

Sincerely,

Jim Gariti  
Athletic Supervisor  
jimg@dfpd.org

## **I. CAMP STAFF**

All camp sports and activities are under the administration of the Park District's full time athletic supervisor. On-site supervision is the responsibility of our camp director, site director, and our staff of camp counselors.

## **II. DATES AND TIMES**

**Sports Camp - Rookies, Boys, Girls**

**Session I: June 21 - July 9, 2010**

**Session II: July 12- August 6, 2010**

### **Time and Location:**

|   |                           |
|---|---------------------------|
| <b>Boys 3rd Grade – DHS</b>               | <b>8:45 am - 2:45 pm</b>  |
| <b>Boys 4th Grade – DHS</b>               | <b>8:45 am – 2:45 pm</b>  |
| <b>Boys 5th Grade – Caruso</b>            | <b>9:00 am – 3:00 pm</b>  |
| <b>Boys 6<sup>th</sup> Grade – Caruso</b> | <b>9:00 am – 3:00 am</b>  |
| <b>Girls - Shepard</b>                    | <b>9:00 am – 3:00 pm</b>  |
| <b>Rookies – South Park</b>               | <b>9:00 am - 12:30 pm</b> |

**Sports Camp - Middle School Boys & Middle School Girls**

**Session I: June 21 - July 9, 2010**

**Session II: July 12 - July 30, 2010**

**Time/Location: 8:45 AM - 2:45 PM /Shepard Middle School**

## **III. CAMP CALENDAR**

All campers will receive a summer calendar on the first day of camp. This calendar will include important theme days, cookouts, field trips, special events, etc. for the entire summer session. Please look for these calendars and try to participate in events as scheduled. Also, if you did not receive a calendar, feel free to ask the site director for one.

#### **IV. BUS TRANSPORTATION**

Door to Door bus transportation can be provided only to Boys 3<sup>rd</sup> & 4<sup>th</sup>, Boys 5<sup>th</sup>, Boys 6<sup>th</sup>, Middle School and Girls Sports campers within the Deerfield Park District limits. There is an additional charge for this service. Participants residing outside the Deerfield Park District limits must be transported by their own arrangement to camp or to the nearest convenient bus stop on the scheduled route.

Campers will be picked up and returned to the same bus stop each day. Pickup and return times will vary based on the bus routes. Some children could be on the bus up to 45 minutes each way. We will do our best to plan the routes so that either the morning or afternoon route will be shorter than the other for participants. Specific bus routes will be mailed in early June to those registered.

#### **V. CAR POOL AND CAMP DIRECTORY**

A card is enclosed with this manual that allows parents to make the choice of being listed in car-pooling to camp.

The car pool list will be made available to all camp parents who are interested in car-pooling to camp. The list will be available at **Camp Information Night, Tuesday, May 11 6:30 - 8:00 PM**, and at the Jewett Park Community Center registration office during regular business hours. It will list the child's name, address, and phone number. In order to be included in this list, you must check the appropriate box on the enclosed card, and return it by **May 1**.

The camp directory list will be made available to all campers who are interested in receiving it. It will allow campers to stay in touch with one another during camp and after camp ends. It will list the child's name, address, and phone number. In order to be included on this list you must check the appropriate box on the enclosed card.

## **VI. PICK-UP & DROP-OFF**

Please be prompt in dropping off or picking up your child. Children will not be allowed inside the building until camp begins. Staff will be very busy preparing for camp prior to this time and cannot properly supervise children.

1. Boys 3<sup>rd</sup> & 4<sup>th</sup> – Deerfield High School
2. Middle School Camps - Shepard Middle School main entrance
3. Boys 5<sup>th</sup>, Boys 6<sup>th</sup> - Clavey Park Field #1 on north side of Caruso
4. Girls Camp – Shepard Middle School main entrance
5. Rookies – South Park School main entrance

Children who will be getting to and from camp on their own (i.e. walking or biking) need to have permission in writing before they will be allowed to leave camp on their own.

## **VII. SPECIAL PICK-UP REQUESTS**

If you must pick up your child during camp hours for a dentist appointment, etc., arrangements **must be made in advance**. A note to your child's counselor is necessary to insure that we have your child at the proper location at the right time.

If someone other than you will be picking up your child from camp, or if your child is going to someone else's home after camp, please inform the camp **in writing**.

## **VIII. CLOTHING**

Each camper will receive a t-shirt the first day of camp. Campers should wear comfortable, cool clothes such as sweats, shorts, gym shoes (no open toed shoes allowed), etc., suitable for a variety of activities. (Jeans are not recommended for any of the sports activities.)

**Camp shirts will be handed out on the first day of camp. All campers must wear camp shirts on all field trips.**

Please label all clothing, including swimsuits and towels, with the first and last name. The park district is not responsible for lost articles. All expensive jewelry or electronic equipment should be left at home. All campers should bring an extra sweater, sweatshirt, or jacket which can be left at camp for the day in case the weather changes.

It is highly recommended that items of value such as hand held video games, collector cards, and cell phones not be brought to camp. Campers riding bikes to and from camp should be prepared to secure their bikes with a cable and/or a lock. The Park District is not responsible for stolen or damaged personal belongings that are brought to camp.

## **IX. SWIMMING**

There is no swim instruction at the camps. Swim time is open swim only. Lifeguards will be on deck during open swim time. 5<sup>th</sup> & 6<sup>th</sup> grade & Girls Sports Camps will be swimming at Mitchell Pool. Middle School Sports Camps and 3 & 4 Sports Camp will be swimming at Deerspring Pool.

**Note: Please send campers with sunscreen and make sure they know how to apply it. The counselors will remind campers of the importance of sunscreen application, but cannot help apply it.**

If campers are recovering from an illness or are not expected to swim, please send a written note to the counselor and your child will be excused from swimming.

## **X. FIELD TRIPS**

All trips will originate at the campsite. The buses **will not** wait for late arrivals. No permission slips will be needed for any of the field trips. The trip dates will be available at Camp Information Night and on the first day of camp.

Campers should have extra spending money when they go on these trips. Counselors will not give children any money. Approximate money needed: \$3.00 to \$5.00. **Important:** If you do not want your child to accompany us, please keep him/her home from camp on that day, as no supervision can be provided at the camp locations.

**Note:** All campers must wear camp T-shirts on field trips to ensure that they are easily identifiable and safe.

For water field trips, a swimsuit and towel are needed. You are encouraged to send sunscreen.

## **XI. LUNCHESES**

We are excited to announce that Marla's Brown Bag Lunch will be partnering with the Deerfield Park District to provide lunches to campers in summer 2010. Marla's is a local organization that uses local vendors and caterers to deliver fresh, kid friendly ideas for lunch.

Marla's Brown Bag Lunch is passionate about serving delicious healthy lunches, that her three young boys and friends looked forward to eating. You create the menu choosing one of the featured entrées of the day or from the "always alternative" category. Please see the enclosed information sheet for complete information.

The lunches will not be refrigerated so please pack food appropriately for hot weather (i.e. refrain from using foods that spoil quickly, such as lunchmeats, and condiments such as mayonnaise). We encourage your child to bring a labeled water bottle.

## **XII. RAINY DAY PROCEDURES**

On rainy days, campers will move inside for activities. Group games and special activities will take place accordingly. Campers taking the bus will be picked up as usual.

## **XIII. PHOTOGRAPHS**

We may, at times, take pictures of the children while they are engaged in various camp activities. Our intention is to share the photos with the children, as well as possibly use them for display and/or publicity purposes. If you do not want your child's picture taken, please notify the campsite director in writing on the first day of camp.

## **XIV. ATTENDANCE**

1. If you know that your child will not be attending camp for the day or any length of time, please call 847-945-0650 starting at 8:30 AM. This information is important in order for us to maintain accurate attendance for counselors. When calling in, please leave your child's name, the camp he/she is in, the date, and who is making the call.
2. If you know in advance that your child will be absent, please notify the campsite director by sending a signed note including days and dates your child **will not** be attending camp.

## **XV. SPECIAL SAFETY NOTES**

Please inform us **in writing** and in advance if someone other than you will be picking up your child.

If your child requires early dismissal, you must also send a written note indicating the time and day of early release. Campers will **not** be released to anyone without written authorization. This is to ensure safety for all campers.

If your child does not show up for camp, the parents will be contacted immediately by the camp site director if no prior written permission for the absence was received. Please make sure you include on the registration form a phone number where you can be reached. Please list the most accessible telephone number.

## **XVI. GROUPINGS**

Since this is a sports camp where competition is present, we do not accept requests prior to camp. Campers will be put into groups to spread athletic talent evenly throughout the camp. Campers will be able to select up to two (2) friends at camp who they will be placed with when groups are out together.

## **XVII. MEDICATION POLICY**

The Deerfield Park District discourages dispensing medication to children participating in park district programs, leaving primary responsibility to parents and guardians to dispense prescription medication to children.

However, the Deerfield Park District recognizes it may be necessary, in certain circumstances for children participating in park district programs to take prescription medication during program hours. If you should be in need of this service, contact the park district office at 847-945-0650 for further information.

## **XVIII. SPECIAL NEEDS**

If your child has any physical limitations, needs special attention in the pool, etc., please notify the camp director with a written note so we can alert the staff to the situation.

## **XIX. SPORTSMANSHIP**

In an effort to create a more positive environment for our campers and to give them tools for all their athletic endeavors we will be focusing on sportsmanship during all the activities they are

involved with. In that spirit, we would like the campers to adhere to the following code.

### **Athlete's Sportsmanship Code**

I recognize that being a member of the community carries with it responsibilities and rewards, and that as an athlete in the community I must not only embrace those responsibilities, but also conduct myself both on and off the playing field in a way, which exhibits respect for myself and others. I, therefore, resolve to conduct myself with dignity as an athlete and as a citizen of the community, recognizing and accepting that I:

- Must accept accountability for my behavior and its outcomes.
- Must honor my obligations and promises.
- Must exercise self-control.
- Must be willing to be fair with others in my dealings on and off the playing field.
- Must take pride in myself and my accomplishments, but never at the expense of demeaning another person or group.
- Must respect the efforts of others.
- Must respect authority.
- Must play by the spirit, not just the letter, of the rules of the game and the rules of life.
- Must strive to make my community – whether that be the team on which I play or the community in which I live – better because of my contributions as a member and as a citizen.

## **XX. CODE OF CONDUCT**

To insure an enjoyable and safe program, Sports Camp has developed a code of conduct, which progresses from verbal reprimand to possible removal of the child from the camp program. We feel these guidelines are fair and appropriate for the program.

The Deerfield Park District reserves the right to suspend, expel or deny participation in any program, event or facility to any person

whose behavior materially interferes, or disrupts the quality of those offerings, the enjoyment of them by other participants, or the ability of staff to conduct or manage the activities or facility.

A child's parent or guardian shall be notified of the first incident; the second incident shall require the presence of a parent at a meeting with the instructor and a park district administrator/supervisor; a third incident may result in an expulsion or suspension of the child from the program, event, or facility.

If a child engages in behavior, which may result in bodily harm to others, an immediate meeting with the parent may be called. If such behavior warrants it, immediate suspension or expulsion may result.

**We look forward to a successful Sports Camp season.**